

**RESOLUTION NO. 2019-126**

**A RESOLUTION OF THE NASSAU COUNTY BOARD OF COUNTY COMMISSIONERS PROCLAIMING NASSAU COUNTY'S INTENTION TO SUBMIT PRACTICES TO THE FLORIDA DEPARTMENT OF HEALTH FOR THE 2019 HEALTHY WEIGHT COMMUNITY CHAMPION RECOGNITION PROGRAM.**

**WHEREAS**, obesity is a medical condition in which excess body fat has accumulated to an extent that it may have a negative effect on health; and

**WHEREAS**, according to the Center for Disease Control and Prevention, 39.8% of adults and 18.5% of children in the United States are considered obese; and

**WHEREAS**, obesity increases the risk of many serious health conditions including heart disease, stroke, high blood pressure, type 2 diabetes, and cancer;

**WHEREAS**, 10.5% of adults currently have obesity related diabetes, 34.6% of adults currently have obesity related hypertension, and nearly 1.5 million currently have obesity related heart disease; and

**WHEREAS**, the current estimated annual cost to the health care industry for obesity related illnesses is between \$147 billion and \$210 billion per year; and

**WHEREAS**, 2016 statistics revealed that 63.2% of adults in Florida are currently overweight or obese; and

**WHEREAS**, 2016 statistics also revealed that in Nassau County, 66.1% of adults are obese; that's 3% higher than the State average!

**WHEREAS**, because of this, the Florida Department of Health is working to address obesity throughout the State and is recognizing individual counties on their efforts to create healthier communities; and

**WHEREAS**, Florida's county and municipal governments play an important role in decreasing the prevalence of unhealthy weight in their jurisdictions; and

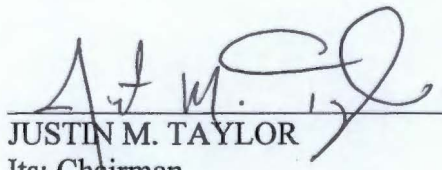
**WHEREAS**, Nassau County has implemented policies, plans, and programs that increase access to healthy food and encourage physical activity; and

**WHEREAS**, Nassau County intends to submit its best practices to the Florida Department of Health for the 2019 Healthy Weight Community Champion Recognition Program.

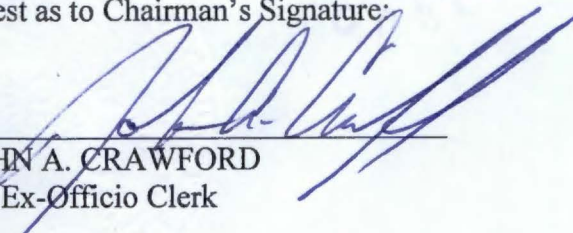
**NOW, THEREFORE, BE IT RESOLVED** by the Board of County Commissioners of Nassau County, Florida, this 12<sup>th</sup> day of August, 2019, that:

1. The Board of County Commissioners is concerned about the impact obesity is having on the community.
2. The Board of County Commissioners has implemented plans, policies and programs to make a difference in the health of the community.
3. The Board of County Commissioners intends to submit practices to the Florida Department of Health for the 2019 Healthy Weight Community Champion Recognition Program.

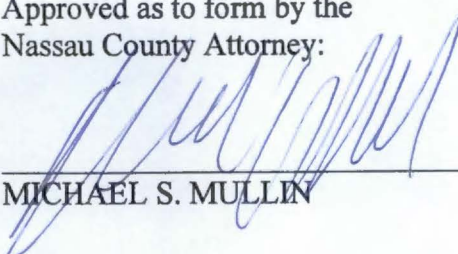
BOARD OF COUNTY COMMISSIONERS  
NASSAU COUNTY, FLORIDA

  
\_\_\_\_\_  
JUSTIN M. TAYLOR  
Its: Chairman

Attest as to Chairman's Signature:

  
\_\_\_\_\_  
JOHN A. CRAWFORD  
Its: Ex-Officio Clerk

Approved as to form by the  
Nassau County Attorney:

  
\_\_\_\_\_  
MICHAEL S. MULLIN